



Your Community Supports New Parents.
Ask for Help! Make the call!

HEALTH DEPARTMENT

PINE STREET HEALTH SERVICES
215 S. PINE STREET, 2ND FLOOR
NEWTON, KANSAS 67114

PHONE: 316-283-1637
FAX: 316-283-1757

Mon & Tues. 8:00 AM – 6:00 PM
Wed-Fri. 8:00 AM – 5:00 PM

Amber Jackson
Breastfeeding Peer Counselor
For WIC Clients 316-665-1812, 24/7
Facebook: HarveyCounty BFPC

Alice Jantzen, RN, BSN
Lactation Consultant

Private lactation visits can be
scheduled, \$35, free for WIC Clients



Third Trimester WIC Support Group (Emphasis on Coffective)
Every 1st Monday of the month at 4pm and 3rd Monday at 11am.



Maternal and Child Program



Healthy Start

You can also request a home visit.
Amber Jackson,
Healthy Start Home Visitor.

Breast pump Loan Program-Breast pumps for WIC clients or sliding fee scale for the general public (non-WIC clients).

Walk-In Weight Checks at Health Department during office hours, free of charge.



Newton Medical Center

Family friendly. First class.

Infant Weight Checks: no charge

Private Lactation Visits: \$35 (one-time fee)

To schedule an appointment for either service, please call **316-804-6176**.

La Leche League

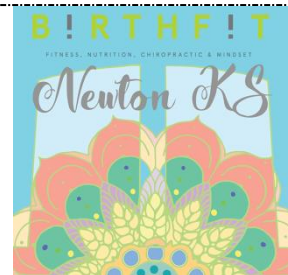
Newton



State website:
www.kansasll.org

Meetings to give support and help answer your questions about breastfeeding women, infants, and children are welcome. Text La Leche League for breastfeeding advice: Pat Olson 316-727-2231 or Marcia Hahn 620-327-2231, Text 620-217-1280.

Check La Leche League Newton Facebook Group for meeting dates and times or or Instant Message.



Sway_Harvey –Motherhood Support Program

Mallorie Coffman, DC

Facebook: Sway_Harvey

Connected Moms on Tuesdays/Fridays (on FaceBook)

Instagram: Sway_Harvey

Look for local businesses with this logo in their windows, and feel welcome to breastfeed there.



**Kansas Children's Service League
Healthy Families Harvey County**



215 S. Pine St., #314, Newton 316-333-1888 x1942

vschwiethale@kcsll.org

www.kcsll.org

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Breastfeeding Helpline:

1-800-994-9662
Calls received from
8-5 pm M-F. Expect
return calls within
one business day.



Some examples of popular and informative websites are:

www.womenshealth.gov/breastfeeding/

Kansas La Leche League

www.workandpump.com

<https://medlineplus.gov/breastfeeding>

(English or Spanish)

Kelly Mom

Kansas Breastfeeding Coalition

www.kansasbusinesscase.com



Heartland Pregnancy Care Center

1025 S. Washington Rd, Ste. C, Newton

316-283-7333

info@heartlandpcc.com

www.heartlandpcc.com

Google Searching?

Use reliable websites to get your information.



1. Who is the author and what are their credentials? Are they an experienced teacher or coach?
2. Who published the site? Domain names ending in .edu (educational) or .gov (government) or .org (non-profit) are more reliable.
3. What is the main purpose of the site? Are they selling a product or is this a public service?
4. Who is the intended audience?
5. What's the quality of information? Is the information old and outdated, new or time-tested?
6. Does the information contradict information from La Leche League or your Certified Local Lactation Consultant?

The larger community can help too!

Stanford University Recommendations- Express milk frequently in the first 3-4 days. Learn manual expression.



Watch their video

<http://newborns.stanford.edu/Breastfeeding/HandExpression.html>



PARENTS AS TEACHERS

316-284-6510

[Parents as Teachers.org](http://www.Parents as Teachers.org)

816 Oak Street, Newton

Free parenting support and helps you understand child development. Harvey County PAT is for any family living in Newton (USD 373), Sedgwick (USD 439), Halstead/Bentley (USD 440), and Hesston (USD 460) school districts with children pregnancy to school entry.